



**Dallas Park and Recreation Department  
Senior Games  
2018 Registration Packet**

**EVENT DATES:** March 15 - 24, 2018  
**REGISTRATION DATES:** January 22, 2018- February 23, 2018  
**ORGANIZING AGENCY:** Dallas Park & Recreation Department, Senior Program Division  
**CONTACT:** 214-671-1602 | [pkrseniorprograms@dallascityhall.com](mailto:pkrseniorprograms@dallascityhall.com)  
**WEBSITE:** [www.dallasparks.org](http://www.dallasparks.org)



## WELCOME

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The Dallas Park and Recreation Department, Senior Program Division, is excited to host the 2018 Dallas Senior Games. This event was last held in 2017 and we are thrilled to be bringing this competition back to Dallas! Senior Games is an opportunity for adults over the age of 50 to compete in a variety of sports and games. Participants will have the opportunity to advance to the state competition; however, 2018 is a qualifying year but Dallas Area games is not a qualifying location. San Antonio is the state qualifying site for Texas.

In addition to Senior Games, the Dallas Senior Program Division is actively providing programs across the City of Dallas. The Dallas Park and Recreation Department is committed to enhancing the quality of lives of Active Seniors and Adults over the age of 55 by providing recreation and leisure activities to complement your rich and rewarding lifestyle.

Various activities are offered at our recreation centers Monday - Thursday, 9am - 1pm for a low monthly cost of \$5 per month. Activities focus on 5 core areas: Competition, Special Events, Health/Fitness, Socialization, and Special Interests.

Example of activities: Aerobics, Walking Clubs, Weight Training, Bridge, Dominoes, Arts & Crafts, Book Clubs, Day Trips, Fitness and Nutrition Classes, Volunteer Opportunities and much more!

Stop by one of our 43 Recreation centers, or contact us at the Senior Program Division to find the perfect recreation activities for you!

Senior Program Division  
3012 S. Hampton | Dallas, TX | 75224  
214-671-1602  
[pkrseniorprograms@dallascityhall.com](mailto:pkrseniorprograms@dallascityhall.com)



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## REGISTRATION INFORMATION

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### ONLINE REGISTRATION

Visit [www.dallasparcs.org](http://www.dallasparcs.org) and click on the Senior Games logo at the bottom of the homepage. Once you are on the Senior Games information page you will click on the “Register Here” link. Information can also be found by visiting [www.dallasparcs.org/483/Senior-Games](http://www.dallasparcs.org/483/Senior-Games).

### IN-PERSON REGISTRATION

Bring your completed registration form, and payment in the form of credit card, to the Senior Program Office located at: 3012 S Hampton Rd., Dallas, TX 75224 between 8:30am-4:30pm

**PACKET PICK-UP** | Packet’s may be picked up March 5-9, 2018 between 9:00am and 4:00pm at the Senior Program Division office located at: 3012 S. Hampton Rd., Dallas, TX 75224. Or, you may pick them up the day of your event competition.

## GENERAL INFORMATION

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**ELIGIBILITY** | All Athletes must be at least 50 years old. Athlete’s competition age will be based on his/her age on or before Dec. 31, 2018.

**AGE CATEGORIES** | Participants will compete in one of the following age categories for both individual and/or doubles sports: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 and over. Team Sports are divided in to the following brackets: 50-59, 60-69 and 70+. Partner and team age groups will be determined by the age of the youngest partner/team member.

**PROOF OF AGE** | All athletes may be required to show proof of age during the Senior Games. Any athlete unable to prove age will be disqualified. Any individual on a team sport who is not of the minimum age or whose age is listed on the roster incorrectly and causes the team to play in the wrong age division will be disqualified.

**REFUNDS** | Refunds (less a \$25 administrative fee) may be requested no later than February 21, 2018 and will only be issued with a written medical reason by a medical professional. Any refund request submitted after February 21, 2017 will result in a partial refund.

**RULES** | All events will be conducted in accordance with both the Texas Senior Games Association Official Rules and the 2017 National Senior Games Association Rules unless otherwise specified.

**EQUIPMENT** | Athletes are required to provide their own equipment, unless otherwise specified by sport.



**INCLEMENT WEATHER/UNUSUAL CIRCUMSTANCES** | The City of Dallas Senior Games reserves the right to cancel any event due to insufficient registration, weather or events beyond their control. In the event of a venue change or cancelation, athletes will be notified by email or phone. Every effort will be made to contact athletes prior to the start of the event.

**PHYSICAL CONDITION** | It is recommended that athletes consult with their personal physician prior to this event. It is also recommended that athletes prepare and train accordingly.

**HOW MANY SPORTS/EVENTS CAN I ENTER?** | Athletes are encouraged to enter more than one event, if events are not held at conflicting times. Scheduling cannot be done to accommodate other events. You must be a member of a team to enter the team events; teams/doubles will not be assigned. It is your responsibility to be at each scheduled event in which you are registered. No refunds will be given if you miss a scheduled event due to participation in another event scheduled for the same day.

**DOUBLES EVENTS** | Athletes must have a partner to enter doubles events. During registration, you must enter your partners name when asked, doubles will not be assigned.

**OPENING CEREMONY** | All participants and their guest are invited to attend the Opening Ceremony March 15, 2018. 5k run starts at 9am. Opening Ceremony will begin at 10am at the Food and Fiber Pavilion located at Fair Park, 1233 S. Washington Ave, Dallas, TX 75226. You do not need a ticket to attend. There will be entertainment, food, and lots of fun for everyone!

## COMPETITIVE EVENTS

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### 5K RACE

**Location: Fair Park | Thursday, March 15, 2018**

- **5K road race** | All ages time trial.

### BASKETBALL

**Location: Beckley Saner Recreation Center | Friday, March 16, 2018**

- **Men's Free Throw** | Men 50-69 - Best 25 Shots from Standard Free Throw Line (15ft); Men 70+ - Best of 25 shots from adjusted 11ft free throw line.
- **Women's Free Throw** | Women 50-59 - Best of 25 Shots from Standard Free Throw Line (15ft); Women 60+ - Best of 25 shots from adjusted 11ft free throw line.
- **Men's Around the World** | Men 50+ Shoot 3 shots per shooting location (5 shooting locations around 3pt line) each person gets 3 shots per location, 3 minutes per person.
- **Women's Around the World** | Women 50+ Shoot 3 shots per shooting location (5 shooting locations around 3pt line) each person gets 3 shots per location, 3 minutes per person.
- **Men's 3 on 3** | 50-74 will play two 15 minute halves, score to 21 wins. Each team will consist of 3 players on court and no more than 8 players on team roster. 75+ will play two 12 minute halves; team clothing must be of like design and color. 50-59,60-69 etc. age divisions
- **Women's 3 on 3** | 50-74 will play two 15 minute halves, score to 21 wins. Each team will consist of 3 players on court and no more than 8 players on team roster. 75+ will play two 12 minute halves; team clothing must be of like design and color. Team Captain will pay \$25 reg. fee and \$ 80 team fee. 50-59,60-69 etc. age divisions.



## BOWLING

### Location: USA Bowl | Friday, March 16, 2018

- Singles, doubles, and mixed doubles. Tournament format will be scratch scores. Each participant will bowl one series of three games with a final total score determining place within age category. Partner must register at same time, Fee is per bowler.

## CYCLING

### Location: Texas Motor Speed Way | Saturday & Sunday, March 17-18, 2018

- 5K and 10K time trials 20K and 40K road race. Cyclists must provide their own bicycles and helmets, which must be certified by race officials prior to competition. All four events will have a recumbent category. No aero bars on the road race. Numbers will be distributed at event check-in. For more information please contact Dean Wilkerson 214-957-2195.

## GOLF

### Location: Steven's Park Golf Course | Thursday March 22, 2018

- 36 Holes of Scratch Play event held over two days. Medals Awarded based on 36-hole total. USGA rules apply.
- 18 Holes of Scratch Play for athletes 85+ held over two days, range balls will be provided for both events.

## PICKLEBALL (INDOOR)

### Location: Fair Park Automobile Building | Monday & Tuesday, March 19-20, 2018

- Doubles and Mixed Doubles. Athletes may enter all three sub-events. Ball provided, players must provide own racquet. Doubles players must register with a partner. The first side scoring eleven point and by leading by a two-point margin wins. Double Elimination style play.

## SWIMMING

### Location: Alfred J. Loos Sports Complex | Saturday, March 24, 2018

- 50y, 100y and 200y Backstroke. 50y, 100y, and 200y Breaststrokes. 50y; 100y; and 200y Butterfly. 50y; 100y; 200y; and 500y Free. 100y and 200y Individual Medley. All swimming events will be timed finals; swimmers must provide their own suits, caps, goggles, towels, etc.

## TABLE TENNIS

### Location: T Bar M Racquet Club | Friday, March 23, 2018

- Singles, Doubles, and Mixed Doubles competition. Balls will be provided. The number of entries will determine tournament format. Doubles Players must register with a partner.

## TENNIS

### Location: Fair Oaks Tennis Center | Friday, March 23, 2018

- Singles, Doubles, Mixed Doubles. Best 3 Sets with regular scoring. Balls will be provided. Doubles players must register with partner, if you enter more than one event, you may have to play a match each day in each event. Please mark entry form.

## TRACK AND FIELD

### Location: Alfred J. Loos Sports Complex | Saturday, March 24, 2018

- 50m, 100m, 200m, 400m, 800m, and 1500 meter races.
- Discus, Javelin, Shotput, High Jump, Long Jump, Triple Jump (competitors must provide own equipment.)



# EVENT SCHEDULE

**EVENT CHECK IN BEGINS ONE HOUR PRIOR TO LISTED EVENT START TIME.**

## THURSDAY, MARCH 15TH

9AM	5K RUN	FAIR PARK
9AM	1K FUN WALK	FAIR PARK
10AM	THE OPENING CEREMONY	FAIR PARK FOOD & FIBER PAVILION

## FRIDAY, MARCH 16TH

9AM	BOWLING (SINGLES & DOUBLES MIXED DOUBLES)	USA BOWL
9AM	BASKETBALL 3 ON 3 (MEN'S & WOMEN'S)	BECKLEY SANER REC. CENTER
9AM	BASKETBALL FREE THROW (MEN'S & WOMEN'S)	BECKLEY SANER REC. CENTER
9AM	BASKETBALL AROUND THE WORLD (MEN'S & WOMEN'S)	BECKLEY SANER REC. CENTER

## SATURDAY, MARCH 17TH

9AM	CYCLING	TEXAS MOTOR SPEEDWAY
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## SUNDAY, MARCH 18TH

9AM	CYCLING	TEXAS MOTOR SPEEDWAY
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## MONDAY, MARCH 19TH

9AM	PICKLEBALL (MEN'S & WOMEN'S DOUBLES)	FAIR PARK AUTOMOBILE BUILDING
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## TUESDAY, MARCH 20TH

9AM	PICKLEBALL (MIXED DOUBLES)	FAIR PARK AUTOMOBILE BUILDING
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## WEDNESDAY, MARCH 21ST

9AM	ARCHERY	KIDD SPRINGS REC. CENTER
9AM	GOLF	STEVENS PARK GOLF COURSE

## THURSDAY, MARCH 22ND

9AM	GOLF	STEVENS PARK GOLF COURSE
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## FRIDAY, MARCH 23RD

9AM	TABLE TENNIS	T BAR M RAQUET CLUB
9AM	TENNIS	FAIR OAKS TENNIS CENTER

## SATURDAY, MARCH 24TH

9AM	SWIMMING	ALFRED J LOOS FIELD HOUSE
9AM	TRACK	TBD

**ALL EVENTS, DATES, AND TIMES SUBJECT TO CHANGE**



## EVENT LOCATIONS

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### Opening Ceremony

Fair Park Food & Fiber Pavilion  
1233 S. Washington Ave.  
Dallas, TX 75226

### Bowling

USA Bowl  
10920 Composite Dr.  
Dallas TX 75220

### Basketball - Men & Women

Beckley Recreation Center  
114 W Hobson Street  
Dallas TX. 75224

### Cycling

Stevens Park Golf Course  
1005 N Montclair Ave  
Dallas, TX 75208

### Golf

Stevens Park Golf Course  
1005 N Montclair Ave  
Dallas, TX 75208

### Pickleball

Fair Park Automobile Building  
1010 1st Ave,  
Dallas, TX 75210

### Swimming - Men & Women

Alfred J. Loos Sports Complex  
3815 Spring Valley Rd  
Addison, TX 75001

### Table Tennis

T Bar M Racquet Club  
6060 Dilbeck Ln,  
Dallas, TX 75240

### Tennis

Fair Oaks Tennis Center  
7501 Merriman Pkwy  
Dallas TX 75223

### Track

TBD

### 5k Run/Walk

Fair Park Food & Fiber Pavilion  
1233 S. Washington Ave  
Dallas, TX 75226

### Archery

Kidd Springs Recreation Center  
711 W. Canty Rd  
Dallas TX 75208





## REGISTRATION FORM

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NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ Driver License # \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE AS OF DEC. 31, 2017: \_\_\_\_\_ ADULT T-SHIRT SIZE (S - XXXL): \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PRIMARY PHONE: \_\_\_\_\_ ALTERNATE PHONE: \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ NIGHT PHONE: \_\_\_\_\_

DOCTORS NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

MEDICATIONS: \_\_\_\_\_

ALLERGIES/MEDICAL CONDITIONS: \_\_\_\_\_

## WAIVER

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1. By registering in the Dallas Senior Games, which is sponsored by the Park and Recreation Department of the City of Dallas, I hereby release, waive, discharge, covenant not to sue, and agree to hold harmless for any and all purposes the City of Dallas, its City Council and its members, its boards and commissions and their members, its officers, employees, servants, agents, volunteers, successors, assigns, and any other person acting under its permission and authority (collectively herein referred to as "CITY") from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that I may sustain while participating in the activity, while traveling to and from the activity, while on the premises owned or leased by the CITY, or otherwise in the care of the CITY, ***including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, statutory fault, or strict liability of the CITY.*** I understand this waiver does not apply to injuries caused by intentional or grossly negligent conduct.
2. I expressly give and grant to the CITY the unqualified right, privilege, and permission to reproduce, publish, and circulate in every manner or form (including radio, television, newspapers, magazines, and the internet) video tapes, films, photographs, transparencies, and other images and likenesses of me, my child(ren), family, and/or property and audio recordings of my and their voices (collectively referred to as "video and audio recordings"), and I hereby grant, assign and transfer to the CITY all rights and interest therein at no charge. I specifically authorize and empower the CITY to cause any such video and audio recordings, to be copyrighted or in any other manner to be legally registered in the name of the CITY. I, for myself, my family, my child(ren), my heirs, executors, administrators and assigns, hereby remise, release, and discharge the CITY from any and all claims of any kind due to the use of such video and audio recordings, including all claims for damages or injunctive relief for libel, slander and invasion of the right of privacy.

NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



# 2018 SENIOR GAMES ENTRY FORM

City of Dallas Senior Games registration fee is \$25 plus an additional cost per event. **Fees are per event, per person.** Athletes must have a partner to enter doubles events. During registration, you must enter your partners name when asked, doubles will not be assigned. **Each partner or team member must complete their own registration form.**

**SWIMMING \$6 EACH**

- 50 BACKSTROKE
- 100 BACKSTROKE
- 200 BACKSTROKE
- 50 BREASTSTROKE
- 100 BREASTSTROKE
- 200 BREASTSTROKE
- 50 BUTTERFLY
- 100 BUTTERFLY
- 50 FREESTYLE
- 100 FREESTYLE
- 200 FREESTYLE
- 500 FREESTYLE
- 100 INDV MEDLEY
- 200 INDV MEDLY

**TABLE TENNIS \$6 EACH**

- SINGLES
- DOUBLES
- MIXED DOUBLES
- PARTNER NAME: \_\_\_\_\_

**TENNIS \$6 EACH**

- SINGLES
- DOUBLES
- MIXED DOUBLES
- PARTNER NAME: \_\_\_\_\_

**TRACK & FIELD \$6 EACH**

- 50M
- 100M
- 200M
- 400M
- 800M
- 1500M

MEN

- DISCUS
- JAVELIN
- SHOTPUT
- HIGH JUMP
- LONG JUMP
- TRIPLE JUMP

- WOMAN
- DISCUS
- JAVELIN
- SHOTPUT
- HIGH JUMP
- LONG JUMP
- TRIPLE JUMP

**BASKETBALL \$6 EACH**

**AROUND THE WORLD**

- MENS 50-69
- MENS 70+
- WOMEN'S 50-59
- WOMEN'S 60+

**FREE THROW**

- MENS 50-69
- MENS 70+
- WOMEN'S 50-59
- WOMEN'S 60+

**3 ON 3 \$80 TEAM FEE**

- MEN'S 50+
- MEN'S 55+
- MEN'S 60+
- MEN'S 65+
- MEN'S 70+
- MEN'S 75+
- MEN'S 80+
- WOMEN'S 50+
- WOMEN'S 55+
- WOMEN'S 60+
- WOMEN'S 65+
- WOMEN'S 70+
- WOMEN'S 75+
- WOMEN'S 80+
- TEAM NAME \_\_\_\_\_

**BOWLING \$6 EACH**

- SINGLES
- DOUBLES
- MIXED DOUBLES

PARTNER NAME: \_\_\_\_\_

**CYCLING \$20 TOTAL**

- 5K TIME TRIAL
- 10K TIME TRIAL
- 20K ROAD RACE
- 40K ROAD RACE
- 5K RECUMBENT
- 10K RECUMBENT
- 20K RECUMBENT
- 40K RECUMBENT

**GOLF \$60 EACH**

- 50-84
- 85+

**PICKLEBALL \$6 EACH**

- DOUBLES
- MIXED DOUBLES

PARTNER NAME: \_\_\_\_\_

**RUNNING \$6 EACH**

- 5K ROAD RACE

**ARCHERY \$6 EACH**

**COMPOUND FINGERS**

- MEN'S 50-59
- MEN'S 60-69
- MEN'S 70-79
- MEN'S 80+
- WOMEN'S 50-59
- WOMEN'S 60-69
- WOMEN'S 70-79
- WOMEN'S 80+

**COMPOUND RELEASE**

- MEN'S 50-59
- MEN'S 60-69
- MEN'S 70-79
- MEN'S 80+
- WOMEN'S 50-59
- WOMEN'S 60-69
- WOMEN'S 70-79
- WOMEN'S 80+

**BAREBOW COMPOUND**

- MEN'S 50-59
- MEN'S 60-69
- MEN'S 70-79
- MEN'S 80+
- WOMEN'S 50-59
- WOMEN'S 60-69
- WOMEN'S 70-79
- WOMEN'S 80+

**RECURVE**

- MEN'S 50-59
- MEN'S 60-69
- MEN'S 70-79
- MEN'S 80+
- WOMEN'S 50-59
- WOMEN'S 60-69
- WOMEN'S 70-79
- WOMEN'S 80+

**BAREBOW RECURVE**

- MEN'S 50-59
- MEN'S 60-69
- MEN'S 70-79
- MEN'S 80+
- WOMEN'S 50-59
- WOMEN'S 60-69
- WOMEN'S 70-79
- WOMEN'S 80+